Choices

Short and simple techniques to make life easier

**Choices** – is the first in a series of **POSITIVE BEHAVIOUR** Bite Sized training resources designed to develop your positive behaviour management skills. As you explore each of the positive behaviour management strategies contained in this Bite Sized Training, think about:

* What issue does this highlight in your own classroom practice?
* What do you need to change to improve your learners’ behaviour?
* How will this strategy help you do it?

Remember:

* Deliberately ignore
* Give advice before warnings
* Focus on the key issue
* Use positive language
* Make statements not questions.
* Use ‘Either …. Or … ‘choices
* Use ‘I’
* K.I.S.S. (Keep it short and simple)
* Use only ONE formal warning
* Allow for compliance time
* Be consistent

ACTIVITY: What will you do as a result of this Bite Sized Training?

Working in groups, look at the action sheet you have produced during today’s training.

* What are the three key learning points for you?
* What will you change tomorrow to improve your positive behaviour management?
* How will you know when your change has been successful?

**Choices** – is the first in a series of **POSITIVE BEHAVIOUR** Bite Sized training resources designed to develop the positive behaviour management skills and knowledge of classroom teachers in schools, colleges and academies.

Other training in the **POSITIVE BEHAVIOUR** series include:

* **Raising the game – an introduction to positive behaviour management**
* **More choices – Eight core principles for positive behaviour**
* **Challenging behaviour – dealing with specific behaviour challenges**
* **Dealing with difficult and challenging people**

For details of other CPD offered through Bite Sized Training, email bitesizedtraining@gmx.com or call +44767 858360